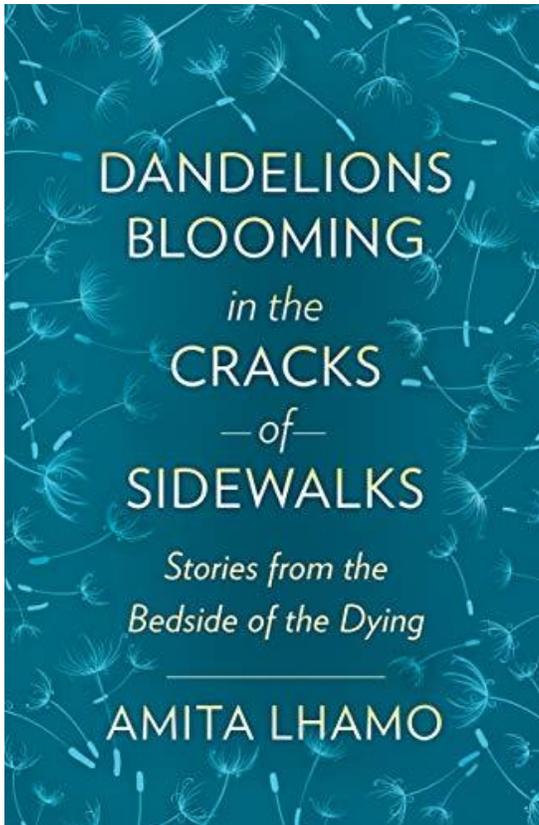


# @ the Library



**AUTHOR EVENT: Meet & Greet:**

## **Amita Lhamo**

Celebrating her new Book

### *Dandelions Blooming in the Cracks of Sidewalks*

**Friday, September 6, 6:00 pm**

In *Dandelions Blooming in the Cracks of Sidewalks: Stories from the Bedside of the Dying*, Amita Lhamo uses her luminous stories to reveal the power of simple human kindness and the profundity of being. She shares the beauty found blooming within the cracks of broken hearts leading us into the intimacy of the soul's journey in death.

#### **The Harvest of Presence**

This book is a collection of stories, gleaned from thousands of conversations around the deathbed. Each one reflects a quality of beauty, of soul-ness—the ways any one of us reflects the profundity of existence.

Amita Lhamo has cared for thousands of individuals and their families through the process of dying. She has studied with Lakota, Christian, Hindu, and Buddhist teachers, completing a five-year meditation retreat within the Tibetan Buddhist tradition. She integrates her professional experience, as a psychotherapist and hospice chaplain, with her spiritual training to write and teach about spiritual care for the dying, meditation, and the spiritual path.

#### **From the Foreword by Chagdud Khadro:**

Spiritual Director of [Chagdud Gonpa Brasil](#)

*“Accompanying her on these end-of-life journeys, we find unexpected moments of joy. We feel a little less afraid of our own deaths as well.”*

## **About the Author**

Amita Lhamo (Yeshe Dawa) holds a Bachelor's degree in Human Development and Family Studies, and a Master's Degree in Marriage and Family Therapy. After many years practicing as a psychotherapist, she took further training, which led to her work as a hospice chaplain. She is the founding director of [The Mandorla Project](#), a 501 (c) organization dedicated to exploring the relationship between spirituality and care for the dying.

As a spiritual practitioner, she studied within the Lakota dream tradition, working with her first teacher for nearly a decade before meeting the lineage of Chagdud Tulku Rinpoche and studying with his Dzogchen lineage holder, Lama Drimed Norbu. Under his guidance, she completed a five-year meditation retreat in the Tibetan Buddhist tradition.

Amita Lhamo integrates her professional experience with her spiritual training to write, teach and guide private students upon the spiritual path.

